

Answer the one of the following questions

How have you benefited from the Affordable Care Act? What's at stake if your health care is taken away from you?

Make it personal

Introduce yourself at the beginning of the video; include your name and city

Share your experience

- 1) Talk about why having health insurance is important to you.
- 2) What are the consequences of not having health coverage?
- 3) What's going right in your life because you have health care? How you are experiencing recovery?
- 4) Conclude your personal story on a positive note that inspires.

Keep the answer brief and simple

A clearly defined, simple story is more impactful, so keep it to a single theme

Keep it short

In one minute or less, tell your story. To-the-point comments have more impact.

Say it loud; say it proud

Some computer and phone microphones have a hard time recording a quiet voice; speak up!

Breathe and make eye contact

This is your unique story; be proud of it. Talk slowly, enunciate and look at the camera.

And remember...

Repealing the Affordable Care Act (Obamacare) without any sound replacement moves the country backwards and places the health and safety of us in danger. That's why we need you to tell your story!

Repealing the ACA could have the following impacts:

- Destabilize the individual market, causing it to possibly collapse in some regions of the country.
- Health care premiums would increase dramatically for millions of Americans.
- Taxes will go up — millions of people who purchase their own insurance would see as much as a \$3,000 tax increase due to health care tax credits being abolished.
- Consumers could lose protections that forbid insurers from denying them coverage if they are living with HIV.
- Access to vital preventive services like HIV testing, cancer screenings and substance use screenings to combat the opioid epidemic could end.
- Comprehensive coverage important for people living with HIV will go away, including PrEP medications and services, prescription drug services, hospital inpatient care, lab tests, and mental health and substance-use recovery services.